

# Help your child thrive at school

## School Matters



FREE\* short course  
for parents/carers

### Are school worries causing you or your child stress?

Get independent support from our friendly practitioner. Explore ideas on how to help your child get the most out of their school experience and support them with skills to help them thrive and have a happy school life.

#### When?

3 week course starts Thurs 6 July, 9.30am to 11.30am

#### Who is this course for?

Ideal for parents/carers of a child being educated in school.

#### Where?

Grays Adult Education Centre  
Richmond Road, RM17 6DN

#### What is the cost?

Free\* (restrictions may apply)

#### How do I enrol?

Call Freephone 0800 783 7733  
quoting course code FLLT03  
Booking essential – limited places!

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